

2024 JOHN BAPST SUMMER SPORTS



FALL SPORTS

CROSS COUNTRY

Tyler Parsons, Head Coach

tparsons@johnbapst.org

First Summer Activity: Wednesday, June 19; 5:30-7p.m./Bangor City Forest

Summer offerings: Conditioning, strength training

SPIRIT CHEER

Eva Deans, Head Coach edeans@johnbapst.org

First Summer Activity: Tuesday, July 15; 8 a.m.-12 p.m./John Bapst Gym

Summer offerings: Training, summer camp (July)

FIELD HOCKEY

Brianne Robertson, Head Coach brobertson@johnbapst.org

First Summer Activity: Monday, June 24; 5-7 p.m./Union St. Complex, Bangor

Summer offerings: Skill training, scrimmages, play-days, weight-training

FOOTBALL

Dan O'Connell, Head Coach doconnell@johnbapst.org

First Summer Activity: Monday, June 17; 8-10 a.m./John Bapst Gymnasium

Summer offerings: Skill trainings, 7 on 7 games, weight-training, conditioning, UM Team Camp

GOLF

Aaron Healey, Head Coach ahealey@johnbapst.org

First Summer Activity: By appointment.

Summer offerings: Email Coach to schedule skill development and game rounds

BOYS SOCCER

Jason Pangburn, Head Coach jpangburn@johnbapst.org

First Summer Activity: Monday, June 24; 6-8 p.m./Dorothea Dix Field, Mt. Hope Avenue, Bangor

Summer offerings: Skill work, fitness, small-sided games, scrimmages

GIRLS SOCCER

Greg Bennett, Head Coach bennett.gh@gmail.com

First Summer Activity: Monday, June 24; 4:30-6 p.m./Dorothea Dix Field, Mt. Hope Avenue, Bangor

Summer offerings: Skill work, fitness, small-sided games, scrimmages

WINTER SPORTS

BOYS BASKETBALL

Chris Bryant, Head Coach cbryant@johnbapst.org

First Summer Activity: Monday, June 17; 9-10:30 a.m./Darling Center

Summer offerings: open gym, shooting machine sessions, skill trainings weight-training, air alert vertical leap program, conditioning, games

COMPETITION CHEER

Alyssa Oliver, Head Coach aoliver@johnbapst.org

First Summer Activity: Tuesday, July 15; 8 a.m.-12 p.m./John Bapst Gym

Summer offerings: Training, summer camp (July)

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GIRLS BASKETBALL

Matt Smith, Head Coach msmith@johnbapst.org

First Summer Activity: Tuesday, June 18; 5-6:30 p.m./Darling Center

Summer offerings: Skills training, games at EMSA, open gyms, John Bapst Invitational Tournament

ICE HOCKEY

Devin Fitzpatrick, Head Coach mfitzpatrick@johnbapst.org

First Summer Activity: Monday, June 27; 4 p.m./Pine Hill Golf Course, Brewer

Summer offerings: Scrimmage games, summer training camp, off-ice strength & conditioning and on-ice work

WRESTLING

Aaron James, Head Coach

dbmachias@yahoo.com

First Summer Activity:

Thursday, June 20; 5:30-6:45 p.m./Hampden Grange Hall

Summer offerings: Team practices, conditioning, open mat sessions

SPRING SPORTS

BOYS LACROSSE

Drew McLaren, Head Coach

drewpmac@gmail.com

First Summer Activity: Sunday, June 23; 7-8:30 p.m./Hampden Academy

Summer offerings: skill work, scrimmages

GIRLS LACROSSE

Mike Fagone, Head Coach

Mfagone32@yahoo.com

First Summer Activity: Thursday, June 18; 4:30-6:30 p.m./Cameron Stadium

Summer offerings: Skills training, game play—small sided and half-field

(register through Bangor Parks and Rec - bangorme.myrec.com)

TENNIS

Jason Hoyt, Head Coach

jhoyt@johnbapst.org

First Summer Activity: lessons and clinics appointments and as court time is available (email Coach Hoyt)